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Seven Masters, One Path - HarperCollins

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APPS | John Selby

Seven Masters, One Path. Meditation Secrets From The World's Greatest Teachers. John Selby

Seven Masters, One Path by John Selby - Penguin Books ...

Seven Masters, One Path Meditation Secrets from the World's Greatest Teachers. By John Selby. ... has spent more than thirty years practicing and teaching meditation. He presents a seven-part process that focuses on aspects of meditation demonstrated by Patanjali, Lao-Tzu, Buddha, Jesus, Mohammed, Gurdjieff, ...

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Seven masters, one path : meditation secrets from the world's greatest teachers by Selby, John, 1945-Publication date 2003 Topics Meditation, Meditation ... Succeeding with meditation -- Breath watch, Patanjali -- Quieting the mind, Lao-Tzu -- Accepting the truth, Buddha -- Heart awakening, Jesus -- Emotional healing, ...

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